

# May 2020

TRADE JOURNAL TEMPLATE

REFRESH

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**MONTHLY DASHBOARD**

**Month Selection**

**Metrics**

Net Profit / Loss	\$343,162
Winners	86
Losers	84
Average Win	\$6,196
Average Loss	\$2,123
Turnover	\$72,554,282
Commissions	\$11,432
Gross Profit	\$354,593

Win Rate	50.6%
Profit / Loss Ratio	2.92
Expectancy	\$2,085.84

Day	# of Trades	Net Profit / Loss	Win Rate	P/L Ratio	Expectancy	Commissions	Turnover
Monday	40	\$39,515	48.7%	2.057	\$1,092	\$3,090	\$16,697,942
Tuesday	36	\$65,923	54.5%	3.382	\$2,056	\$1,911	\$13,187,840
Wednesday	33	\$79,873	51.5%	2.771	\$2,499	\$2,603	\$17,093,680
Thursday	23	\$133,200	52.2%	7.011	\$5,851	\$1,371	\$10,146,595
Friday	43	\$24,650	47.6%	1.711	\$645	\$2,457	\$15,428,225

**Net Profit / Loss per Day**

Date	Net Profit / Loss
01-May	\$12,628
04-May	\$8,639
05-May	-\$10,907
06-May	-\$3,805
07-May	\$3,051
08-May	\$10,872
11-May	-\$4,171
12-May	\$21,904
13-May	\$3,590
14-May	-\$2,851
15-May	-\$6,654
18-May	\$25,143
19-May	\$4,955
20-May	\$380
21-May	\$114,273
22-May	-\$13,385
25-May	\$9,904
26-May	\$49,970
27-May	\$79,709
28-May	\$18,728
29-May	\$21,189

**Net Profit / Loss per Ticker**

Ticker	Net Profit / Loss
SVY	\$90,000
RSG	\$50,000
SXL	\$40,000
DCN	\$40,000
WEB	\$30,000
APT	\$20,000
FLT	\$20,000
ALL	\$10,000
WSP	\$10,000
WTC	\$10,000
WIP	\$10,000
VOC	\$10,000
TIN	\$10,000
QUB	\$10,000
OSL	\$10,000
SHV	\$10,000
SHL	\$10,000
SLC	\$10,000
SLR	\$10,000
APT	\$10,000
SVL	\$10,000
SYD	\$10,000
TCL	\$10,000
TLS	\$10,000
TWE	\$10,000
UWL	\$10,000
VJUK	\$10,000
VTK	\$10,000
WOK	\$10,000
WSP	\$10,000
ZIP	\$10,000
ZNO	\$10,000

**Cumulative Net Profit / Loss**

Date	Cumulative Net Profit / Loss
01-May	\$12,628
04-May	\$21,267
05-May	\$10,360
06-May	\$6,555
07-May	\$9,606
08-May	\$20,478
11-May	\$16,307
12-May	\$38,211
13-May	\$41,801
14-May	\$38,950
15-May	\$32,296
18-May	\$57,439
19-May	\$62,394
20-May	\$62,774
21-May	\$177,047
22-May	\$163,662
25-May	\$173,566
26-May	\$223,536
27-May	\$303,245
28-May	\$321,973
29-May	\$343,162